

## **LAKE OSWEGO SOCCER CLUB 2018/2019 - GIRLS STAFF**

### **2008 Girls - 2 teams**

Blue I - HC Dominic Yambasu - AC Erwin Rosal

Blue II - HC Dominic Yambasu - AC Lonnie Chavez

Dominic is a native of Sierra Leone, West Africa where he played on college and men's first division teams. In the US, he graduated from Portland State University with a Masters in Teaching and a BS in Psychology. He was a Physical Education Teacher in the Lake Oswego School district from 1979 to 2004. Dominic has been coaching in the district for 35 years. He was the Head Varsity Girls Soccer Coach at Lake Oswego High School. A position he has held for 26 years.

Dominic attained his USSF A License in 1992 and has served as staff coach at the State ODP and Region IV ODP level. He has served as staff coach in the State "E" & "D" License Program from 1992 to 2001.

Dominic has been coaching with Lake Oswego Soccer Club for over 25 years.

Erwin Rosal has been coaching with LOSC for over 10 years. Erwin has most recently been coaching with the LOSC Elite with Nick Schwartz.

Lonnie began coaching in the Lake Oswego SC Juniors Program and he still spends time coaching in that Program. Lonnie is a patient yet firm coach with a comprehensive knowledge of the game. After impressing with his coaching at the club level Lonnie was recently added to the coaching staff at Mountainside HS.

## 2007 Girls - 2 teams

Blue I - HC Nick Schwartz - AC Sarah Werhane

Blue II - HC Nick Schwartz - AC David Boussi

Nick has coached teams at virtually all ages and abilities on the girl's side in both the Lake Oswego SC and Crossfire Oregon since 1997. He is a former President of the LOSC, a former board member of the Oregon Youth Soccer Association and the former Treasurer of the Oregon Youth Soccer Foundation. He has taken LOSC teams to over 200 tournaments in both the USA and Europe, and multiple teams to the quarter finals and semi-finals of State Cup competition, as well as to the finals and championships of Founders Cup competition.

Nick's teams often overachieve because of their work ethic and the close family bond that Nick has always been dedicated to fostering between players, parents, and coaches. A former three sport athlete in High School and College, Nick graduated from The Middlesex School in Concord, Mass. and received his BA from Hamilton College. He believes sports in general--and soccer in particular---serve as an important vehicle to teach student-athletes the life lessons that they will use long after their playing days have concluded.

Besides coaching Club soccer, Nick was previously also the Assistant Varsity Women's Coach at Lake Oswego High School. In 2002 he was named the Oregon Nike Competitive Coach of the year, and was also named one of only 8 coaches in the USA (1 of 2 in soccer) to win the inspirational "Double Goal Coach" award by the prestigious **POSITIVE COACHING ALLIANCE** based at Stanford University in Palo Alto, CA.

Nick retired in 2014 after a successful career in Sales and Merchandising with Columbia Sportswear and the Merrell Apparel division of Wolverine Worldwide. Nick and his wife Patti Ann live in Lake Oswego, have been married 41 years and have two daughters and four granddaughters.

Sarah graduated from George Fox University where she started all 4 years. Sarah was named captain in both her junior and senior years. As a player she played for Nick Schwartz during her club soccer career. Outside of soccer Sarah now works as a substitute counselor and teacher in the Beaverton School District. With her background in soccer and practical experience in education Sarah does an excellent job at conveying her message and helping each player develop.

David Boussi

## **2006 Girls – 2 teams**

Blue I - HC Travis Schoonover - AC Geoff Skipper

Blue II - HC Travis Schoonover - AC Geoff Skipper

Travis Schoonover is the Lake Oswego Director of Youth Development. He is also the Director of the Oswego NIKE Cup which hosts over 300 teams in a typical year. Travis has been coaching at LOSC for over 15 years now and during this time he has won multiple State Championships and has helped numerous players move onto play at the collegiate level. Travis currently coaches within the LOSC Juniors Program and the Crossfire United ECNL Program demonstrating his commitment to all levels of the game. Travis previously coached womens soccer at Jesuit High School, holds a USSF B Coaching License, and he is a former State ODP Coach and Portland Timbers RTC Staff Coach.

Geoff Skipper has coached with LOSC for over 15 years. Geoff has also been heavily involved at the High School level with stints at the Varsity level at Central Catholic, McMinnville, and most recently Jesuit High School. During his time with LOSC Geoff has won multiple State Championships and helped many players take their game to the next level. Geoff holds a USSF B Coaching License. Geoff holds a BS in Human Development and Family Studies from OSU and attained his MAT from Pacific in 1996.

## 2005 Girls - 2 teams

Blue I - HC Travis Schoonover - AC Melissa 'Meli' Cortez

Blue II - HC Travis Schoonover - AC Mark Bachman

Travis Schoonover is the Lake Oswego Director of Youth Development. He is also the Director of the Oswego NIKE Cup which hosts over 300 teams in a typical year. Travis has been coaching at LOSC for over 15 years now and during this time he has won multiple State Championships and has helped numerous players move onto play at the collegiate level. Travis currently coaches within the LOSC Juniors Program and the Crossfire United ECNL Program demonstrating his commitment to all levels of the game. Travis previously coached womens soccer at Jesuit High School, holds a USSF B Coaching License, and he is a former State ODP Coach and Portland Timbers RTC Staff Coach.

As a player HS Meli was a three time Oregon 6A All State Honoree where she led South Salem to 4 consecutive Central Valley Conference titles from 2008-2011. Meli was rated as a 4 star recruiting prospect by topdrawersoccer.com. Meli represented Lake Oswego Soccer Club before going on to play collegiately with University of Idaho and then Western Oregon University. Meli has also coached with Capital Timbers FC in Salem and is an Assistant Coach with Western Oregon Women's Soccer Program.

Mark Bachman has been coaching with LOSC for the past 3 years. He started coaching within the Lake Oswego Juniors program and then graduated to coach older players within LOSC.

**For the fall of 2018 our 2008 and 2007 teams will play in the 9v9 format. We will form teams of up to 15 players. In order to maximize development through training our teams will train at the same time though they will not always train together. Training at the same time gives coaches the benefit of either training the teams separately or grouping the players by ability and working on basic functional roles of specific positions. However, the main area of focus for development at this age is individual technical ability.**

**Please note that the exact number of teams we form will be based on the number of players who tryout and who accept positions on our teams.**

**For the fall of 2018 our 2006 and 2005 teams will play in the 11v11 format. We will form teams of up to 18 players. In order to maximize development through training our teams will train at the same time though they will not always train together. Training at the same time gives coaches the benefit of either training the teams separately or grouping the players by ability and working on basic functional roles of specific positions. However, the main area of focus for development at this age is individual technical ability and small group tactical development.**

**Please note that the exact number of teams we form will be based on the number of players who tryout and who accept positions on our teams.**