

Characteristics of PRE K, KG, and Grade 1 Players

Understand the players you are going to work with:

- Constantly in motion with no sense of pace. Will tire quickly but recover rapidly
- Individually oriented (Me, mine, my)
- Great variation in personality, size, and ability
- Easily bruised psychologically so shout praise often
- Can attend to only one problem at a time
- Love to run, jump, hop, roll, etc.
- Throwing and catching skills are not yet developed
- Very short attention spans so NO LECTURES

Things you can expect:

At this stage children:

- May understand simple rules
- May or may not understand what lines are for, what team they are on, what goal they are attacking. COACHES MUST BE PATIENT AND LAUGH WITH THE KIDS WHEN THEY GET LOST ON THE FIELD
- They all want the ball. A 3v3 game is really 1v5. Do not try to interrupt this, it is natural
- Kids want to play, avoid activities with lines
- Maximize touches on the ball and keep the kids focused

